Popular Christmas Carols and Songs Lend Colorful Histories and Melodies

have a definite "swing", or dance rhythm. This sets them apart from the other form of spiritual song, the hymn. Carols such as "Deck the Halls," and "Jingle Bells" tend to be associated with merriment and have swing rhythms compatible with forms of dancing. The same is true of "The First Noel" and others like it, though they are more solemn.

The actual derivation of "carol" is difficult to determine, but similar terms in other languages give a big hint—notably, the Italian, "Carola" or "Ring Dance." This associates the word with dancing. In the singing of hymns, of course, the performers and audience are standing or kneeling, traditionally devoid of bodily movement.

ancing, as a religious exercise, has been practiced from early times, and the Bible contains certain references to this. Also, when the earliest Christian missionaries set out

any Christmas carols seem to to obtain converts, they were brought faceto-face with the fact that while new converts had little difficulty in accepting Christian doctrine, they still clung to ceremonies of their ancient faith and refused to give up dancing. So the church authorities, wisely, did not prohibit dancing, but set out to regulate its practice. Many adaptations of related dramatic practices have thus infiltrated Christian religious procedure.

> o we come to the "lullaby" form of carol. In the thirteenth century, the now ever-present manger, or "nativity" scene was initiated in Roman churches as a regular Christmas observance. Character roles were acted out, and the practice sprang up, of rocking the cradle. Lullaby-type songs were sung to accompany this gesture, and so it is that some other carols, though not actually danceable, do follow the general characteristic of bodily movement, and were originally influenced by forms of dancing.

eaving the analysis of Christmas carols, we come to words such as "Noel" (French), "Navidad" (Spanish), "Natale" (Italian), and "Weihnachten" (German). These all say "Christmas," which in our part of the world, is derived from the old English term, "Cristes maese" (Christ's Mass), first used in the eleventh century.

"Yule," the older name for Christmas, derives from the Anglo-Saxon and old Scandinavian words for the feast of the winter solstice. Among the pagan Teutonic tribes of Northern Europe, Yule was a period of festivity, celebrating the turning of the sun northward.

Huge bonfires of logs were made to celebrate, and after their conversion to Christianity, the English and other peoples of Northern Europe incorporated the burning of logs and other ancient Yule customs into the celebration of Christmas.





A RED, GREEN, AND WHITE CHRISTMAS. In court B there stood a tree. Students decorated it with shiny red decorations. On press day the heavans decorated it snow-white.

Choirs, Orchestra Present Concert Christmas at Nathan Hale

Nathan Hale's choirs and orchestra will perform for their student body, families, and friends during the Christmas season. The 1st Annual Christmas Concert will be held in the gym at 8 o'clock p.m., December 22. The Cadet Choir, Intermediate Choir, Concert Ensemble, Squire Singers, and Concert Orchestra will all appear. The finale will be a combination of such songs as "Let All Mortal Flesh Keep Silence," and "Choral Fanfare for Christmas." Suzanne Le Boeuf will direct the combined voices of the Cadet

The night performance is primarily for families and friends of Nathan Hale students. The Concert will also be presented to the student body on December 23 at an assembly.

Choir and Intermediate Choirs,

The only major remaining problem facing the choral groups is determining how their efforts will sound in the gym. Some members of the various choral groups expressed feelings of apprehension and others took it as a routine performance.

Fromm Leaves To Be Mentor: Sealth Benefits

Nathan Hale will be minus Mr. John Mr. Fromm was appointed to Lanman, Director of Athletics be employed. for the Metro League.

of the assistant football coaches tickets." at Nathan Hale. He pushed the Raider track team toward success last season.

Mr. Fromm graduated from leading ball-carrier in the Everleading ball-carrier in the Ever-green Conference Football Tutoring System League.

WANNA BE MY BEST FRIEND?

Help the unlucky people who have TB or other respiratory diseases. Answer your Christmas Seal letter today.



FIGHT TB AND OTHER RESPIRATORY DISEASES

Next Show Theme: "Auntie Mame" Mrs. Simmons Accepting Names

The unforgettable Auntie Mame will engage in another fling, this time in Nathan Hale's gymnasium. The Spring Variety Show, one faculty member when the to be held one night only, April 9, 1965, will have as its theme, semester ends. Mr. John "Around the World with Auntie Mame." The show will incor-Fromm, shop teacher and phys- porate the talents of various students. Acts are tied together ical education instructor, has through the "core" script, to be enacted by the Nathan Hale been appointed head track coach drama students. If you wish to audition for the show, Mrs. Carol at Sealth High School in the Simmons is taking down names and act descriptions now, though Metro League Southern Division. auditions won't be held until the week of February 23-26.

The event will be presented in the gym because it holds so this position by Mr. Harvey many customers. Unlike in "Mrs. McThing," a portable stage will

One of the best aspects of the show according to Mrs. Simmons Mr. Fromm will assume his is the small amount of expeditures needed to put on such a pernew position February 1, 1965. formance. "Because it is student written, we needn't pay royal-Mr. Fromm is currently one ties. Our only costs are for posters, programs, props, sets and

Both the stage band and the choir will perform. Tickets will be 50c for activity card holders, 75c for children or students without activity cards, and \$1 for adults.

Coach Fromm attended college Assembly Features Honors Program at Pacific Lutheran University, where in 1956-57 he was the Speaker; Honor Society Institutes

Professor Julian Barksdale will speak at the Honor Society assembly on January 8 in the Nathan Hale lunchroom, that will take place at 2:30. The talk will concern the University of Washington Honors program. He is the director of this program and also a professor of Geology at the University. He may be accompanied by a student who is now in the U. of W. Honors Program. This student will relate his experience while under this program. The assembly will be open to honor society members only.

Future Plans

Cameron Brown, the President of the Nathan Hale Honor Society, says they are working on a plan to have a guest speaker once a month. They would be from various political and social organizations. These speakers would explain the views of their respective groups.

Also planned for the future is a fund raising breakfast or Banquet. The money would be used for a scholarship. This would be given to a deserving Honor Society student. It hasn't been decided who would choose this person, the faculty, or the Honor Soicety, or a combination of both.

They are also organizing a tutoring program. Under this program, members of the Honor Society would help persons having trouble and who request their help. They will not do the student's assignments, but would rather show them how to do it themselves. These Honor Society members would not help people unless they really want to learn.

Clubs Celebrate

Le Cercle Français

German Club

Russia for March. They are plan-

Important to Seniors

ities of the city.

from 7 p.m. to 9 p.m.

How to See Europe Halecrest To Aid Applications are now being Christmas Spirit accepted from students wishing Halecrest is an organization

to participate in the High School in which approximately 40 girls People-Te-People Ambassador from Nathan Hale spend two Program. This is a six week or more hours each week helptravel project for next summer ing take care of children in the to ten European countries fol- hospital section at Fircrest. lowing briefing sessions held in Their jobs are feeding and play-Washington, D.C. It includes ing with small children, helping sight-seeing, visits to foreign fold clothes, and making rounds The Lake City Lions, Lady

viewed, and students individual- crest.

People-To-People Incorporated is a non-profit organization different sections at Firerest.

As

For more information, inquire Leona Anderson. at the principal's office or send 98199 or telephone ATwater 3- see the red lights flashing on Christmas season.

THE SENTINEL

Dan Murphy

student body of Nathan Hale

by buying advertising space

in this issue. Let us hope the

venture will pay off for them

"The Night of the Dragon"

Three girls from Franklin

ed to make a round of all the

classes just like the rest of the

"Twelfth Night" was the

heme of the Senior Ball held at

Sumner High School on Decem-

ber 4. After the ball the seniors

attended a senior party at the

The Lance from Watson

Groen Christian School in Se-

attle, Wash., has been added to

the Exchange List for the Sen-

Auburn Elks Hall,

as it does for us.

High school juniors and sen- of the entire grounds. They are ing on the load of another capital, Helena. ommended by the principal or a are assigned to a group which in cleaning up afterwards, the they will spend a week with her aunt and uncle. ing and speaking for our country signed to a group, they become fide success. abroad. Applications will be re- a full-fledged member of Hale- The Nathan Hale Publicity return here on the fourth of January.

understanding between our peo- advisor of the group is Mrs. ple and those of other countries. Sally Bjornson. The president is

a school bus.

OPEN FORUM

For Student Debate

Is Christmas commercialization getting out of hand?

It is my belief that the present situation of Christmas commercialization is acceptable, for many companies depend upon the Christmas season to make their living; and without modern mass marketing techniques, the public would not be informed as to the variety of Christmas gifts available, and make poor selections. In this sense, Christmas commercialization is essential to the United States economy. Some of the Christmas television commercials, to be sure, are in bad taste. But very often bad things stick in one's mind - causing one to remember a specific product, and even subconsciously selecting it.

Larry Bolt, Sophomore CON

The Wise Men gave their presents to the church (Christ) and did not exchange gifts among themselves.

Clifford Anderson, Sophomore Most people have lost the spirit of Christmas. They only think Junior Prom. The dance, held on of what they are going to get and how much it is going to cost. December 5, was Shoreline's son, October. Jim was chosen for his work as Safety Commit-The idea of Christmas in the first place is to give thanks and first semi-formal; fortune cookpraise for something; not what Christmas has in store for me les were served as souvenirs. bly Planning Committee, Judy is Elections Committee chairman,

Dave Davidson, Senior

Christmas isn't really over-commercialized, but is more or less one sided. You can see this every day in commercials on your television set. The toy advertisements are the most prevalent and High School visited Lakeside (an Urged at Yule the most damaging to young minds. These ads never seem to all boys school) as part of a The Seattle Fire Department bring out the giving attitude and always bring out the getting program to evaluate private urges people to take special idea. I think current ads should be revised to give small children the right attitude towards Christmas.

Jim Graham, Junior

Dairy Queen Lake City Burgers 24¢ 5 for \$1.10 anytime

Delicious! 13013 Bothell Way N.E.

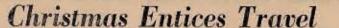
WOULD YOU LIKE TO BE A PART OF A CANOE EXPEDITION? Learn About Exploring!

Fleet Chevrolet 117th Bothell Way

(men 14-18)

LET US CUT YOUR HAIR Men LA 4-2882

> **Ideal Barber Shop** 12336 Bothell Way EM 3-9200



With Christmas just a week away, most students have planned activities for their vacations. Many will simply take a trip to Grandma's or enjoy a quiet dinner at home. Now to the source of these ventures the students themselves-for the facts of what the Average Nathan Hale Pupil is to be doing with 12 days of

Lea Hume, a junior, expects to go to her relatives for Christmas day but that night she and a group of girls are putting on a show for the servicemen of Fort Lawton. When asked what she wantschools, home-stays as guests of with nurses as nurses' aids. Lions, and Vigilantes again Ken Gellein, also a junior, plans a five day trip to Montana with

foregin students, and visits to When someone joins Hale-deserve our support for tak- a friend to visit Ken's grandmother and grandfather in the state

fors are eligible to apply. To accompanied by the supervisor, Nathan Hale fund-raising dinqualify, they must be able to Mr. Boyce Clark. After they ner. With their help and that with her family with a possible skiing trip to Snoqualmie Pass. pay their own expenses, be rec-have completed their tour, they of several students who aided ommended by the principal or a group which is also with her family. Their main stop will be San Francisco where

teacher, be in good health and may consist of two to five peodinner came off as a bona

John Moehring, a senior, plans to spend the Christmas holidays with his aunt and uncle who live in Portland, Maine. John will

Committee also deserves a her grandparents who live the frightening distance of about 10 ly interviewed by a People-ToDuring the Christmas Season, hand, as does Fleet Chevrofeet away, in the basement of Jean's house.

People committee to decide whether they qualify as "Student decorate and serve at the many readerboard to promote the but hopes to get a trip to Squaw Valley from his parents as a gift. When asked if he would be glad to get back to school, Ted said, As Christmas gets nearer, "Sure, I always look forward to coming back to school." But headed by General Dwight D. The Halecrest club holds its we notice the decorations Ted will not be coming back to Nathan Hale, he plans to take

Eisenhower. Its overall purpose is the promotion of better understanding between our peobusinesses are aglow at night, viser in the Wallingford Rainbow Girls. This position is equivalentwith a wide variety of imagi- to president in any organization.

native displays which embel- Barry Newsom, a junior, when asked what his holidays were a card to, High School PeopleGive children a lucky break lish the community in this going to be, he stated, "O, just a regular old run of the mill Christmas."

The last, but certainly the least truthful, is a tale queted from We also wish to recognize Chet Jacobs, "I plan to take a rowboat trip to Australia to visit the local businesses who've my pet kangaroo." These are but a few examples of what Nathan placed their confidence in the Hale students will be up to this Christmas vacation.



was the theme for Shoreline's CHOSEN BOY AND GIRL OF THE MONTH, are Jim Wood and Allyson Burink, September; and Judi White and Dennis Dod-Also served were sugar cookies and Dennis is head of Boys Activities.

Precautions Are

schools in Seattle. The girls safety precautions with their were received well and proceed- holiday decorations.

> VIEW RIDGE PHARMACY 7501 - 35h N.E. LA 4-1800

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EM 2-4860

SALES - SERVICE - LEASING - DAILY RENTAL

EXTENDS TO ALL The Wish for a Merry Christmas

Happy New Year 143rd & Bothell Way

EM 4-1500 数



PICTURED ABOVE just after the successful Redmond search for three small children, are from left to right: Ted Drake, Jim Fraser, Steve Johnson, Mike Neubar, John Steinnes, Joe Goheen, and Pete Frey. The truck, donated by Fleet Chevrolet, is in the background.

Explorer Post 111 Search And Rescue Gains Respect

The Explorer Seach and Rescue team of Post III is one of the Club is to acquaint students mouse and a murre, (sea bird many hard-working Rescue teams in King County. Members of with the customs and traditions uncommon to this area.) Presthis group from Nathan Hale include: Steve Johnson, head of the of Latin America. team; Tom Strommer, Dave Johnson, Jim Fraser, Joe Goheen, Members of the Spanish Club task of mounting tiny humming Dave Hatcher, John Steinnes, Ed Sinse, and Pete Frey. The head are planning a pinata party De-birds given to them by Mr. of the troop and also president of this Search and Rescue team, cember 21, for members and Brockman. Lessons include is Mr. Jim Granger. Sponsored by Fleet Chevrolet, the group friends. Two girls from San Sal- the mounting of birds, small is given the use of a Greenbriar truck for rescue operations. A vador, Norma Salazar and Elizanimals such as squirrels, The Explorer Search and Rescue team has been called out by teach the members some Spannew rescue truck is used every year.

the Air Force, Forest Service, the Seattle Mountain Rescue Coun-

Rescue attempts recently included a North Bend search for a lost hunter, who was found with the aid of their Seattle unit, and cot "Herman", are planning to a rescue of three year-old children near Redmond. A helicopter was dispatched by the rescue to the formula to the painting and sculpting." was dispatched by the rescue team to pick up the children who ities of the city. were suffering from exposure.

Mr. Granger stressed some ideas of considerable interest. "This is not a unit for mere boys. It is a job for men." When questioned about this idea, he said, "If a group will act like men, they will be treated as such. We have been asked on several searches the folk dances offered. because of this attitude."

Lions Club Honors Student Leaders

This year the Lake City Lions Club will continue sponsoring Seattle Balalayka orchestra. associated with the United States Na-Boy and Girl of the Month awards. The name of each Boy and Mr. Lusgin is well known in the tional Museum, in Washington, Girl of the Month will be inscribed on a plaque. Faculty and Student Council members may recommend a Boy Canada. He has also made many school of taxidermy. Most of

or Girl of the Month. By the first Thursday of the month, all recording of Russian folklore, the world's experts are connect recommendations should be turned in to the Activity Center.

Students are judged on the basis of 1, service to the commun- Russian instruments. ity, school, and fellow students; 2. scholarship, whether or not The club is planning a proworking up to their ability; 3. leadership in the community and gram of slides and cartoons on

At the end of the school year a Boy and Girl of the Year will ning to have a borcht banquet of Russian food later in the year. be chosen from that year's Boys and Girls of the oMnth.

Merits of Certificate Course

Most students who finish high school are rewarded with a diploma. Others are given a certificate. While not a diploma, a cer- enough to enable him to enter information sheet forms are tificate enables its holder to enter some trade schools and junior into the study of its literature due December 23, 1964. The colleges. The requirements for a certificate are not as rigid as and, in the case of a modern pink General Information Form those for a diploma, but they still demand effort on the student's foreign language, the ability to and the green Activity Report

Language Arts 10a and 10b, four credits in Social Studies, one general topics. credit of Health Education, one and one half credits of Physical | These abilities may be demon- later be turned in by the teach-Education and 251/2 additional credits. A certificate is not a diploma but a person with one is recognized a placement examination, given Mrs. Lowry has suggested that

as educated and has a much better chance of getting a job than in the spring or passing grade the "seniors get on the ball." a drop out.

KJR TOP 50

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> conditions. The student may elect to go further into the language he is taking or take a new one. Mr. Gladstone, head of the for-

get language.

college study.

eign language department, said the "purpose of the seminar course is to help you rely on your ability to solve problems, to dis-cipline yourself in learning and to direct yourself in your drive to learn a foreign language at your own pace and to the fullest of your capacity to do so."

Foreign Language | Taxidermist Duet Shows Possibilities

With the Christmas Season drawing near, the foreign landrawing near, the foreign landrawing near, the foreign landrawing near, the foreign landrawing near lan guage clubs are preparing to two experts who are actually in when the Peterson family was celebrate the holidays. Each this business for themselves, awakened by a phone call. The club celebrates Christmas in They are Tom Foote and Jim call soon led to the selling of the tradition of the country Howshall. whose language they are study- Jim started learning the The Sentinel.

December 21 at 7 p.m. in the unique, self-satisfying art as a it to room 1031/2. cafeteria at Nathan Hale, for hobby and possible career.

members and friends. The par- Enrolled in the Northwestern ty will be celebrated in the School of Taxidermy, they have French tradition with French stuffed such animals as a sparfood and games. It will be row, hawk, quail, varied species of ducks, and a weasel. Specimens they will mount in

The purpose of the Spanish the near future include a mole, ently, they are going about the abeth Redriguez, are going to snakes, large animals and fish.

serving wildlife, or an influence in wild game protection. Tax-German Club, with their masidermy is an art second only It is a complicated, difficult

chance for students to acquaint themselves with German customs and tradition by attending the folk dances offered.

ing, sculpture, mechanics, tanning, and dyeing. Taxidermy does not pay especially well and most taxidermists practice their the folk dances offered.

LOST: White frame glasses, lost November 30. Please Help?! Reward offered. Call 525-3453 craft for reasons other than the Russian Club money they receive.

The Russian Club celebrated The most active taxidermic the holiday with a lecture from school in the United States is Mr. Lursgin, director of the associated with the University Pacific Northwest and Western D.C., also has a well known He showed the club different ed with the large museums.

Attention Seniors Information Slips Due Next Week

Mrs. Aurelia Lowry, Testing One of the basic proficiency requirements for a student to and College counselor, has isenter college is the ability to sued a warning to ALL seniors understand and express in spok- are due at this time, as are all To qualify for a certificate, one must receive two credits in en language simple ideas on yellow teacher recommendation strated either by performance on ers, signed and completed, so on the test the college gives. The | These information sheets are not proficiency which you are ex- only of advantage to the college pected to reach is set at a level bound student (who must have which represents a passing them turned in before his colgrade after the second year of lege applications can be processed.) Any student asking for The foreign language depart- a recommendation for a job or ment of our school is offering business school is required to to any senior with two years have them complete also.

of foreign language, a course to | The counseling office hopes to help him improve his weak start in earnest filling out the points in understanding the tar- various college forms before the Christmas holidays, but will be The course features program- unable to start unless the stumed learning under laboratory dents return them completed.

> COULD YOU QUALIFY FOR A SEARCH AND RESCUE TEAM?

Classifieds Sell

Hear Ye! Hear Ye! Listen my children and you shall hear Holiday Tradition Taxidermy is a technique for of The Sentinel selling some

a set of drums advertised in

"wheres" and "why fors" of tax- This shows the effectiveness idermy three years ago, and of Sentinel Classifieds. To in-Le Cercle Français is having Torn joined him a year later, sert your classified ad, contact ts Christmas party Monday. They are both interested in this a Journalism Student, or bring



dents to sign up for Journalis in 1-B, 1st or 2nd period, for 2nd semester. Sophomores or Juiors preferred. Contact Kathy Byrnes or Pat Ripley in Room

Montercy steel guitar. Coll LA 5-3458 after 4 o'clock. FOR SALE: Two, small minia-

ture poodles. Male, black, Tor information see Mr. Lundbe g room 227 or phone EM 36245 anatomy, natural history, draw- LOST: White frame glasses, lost

> Pop for playdays at pass Got outgrown ski clothes, equipment? (Room 101).

WANTED: Have three kitten mittens. Kat has four for Need one more mitten. E ted nylon, please. A. C. K. Room 201.

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K-een

E-cellent

T-remendous

B-rawny L-ight-footed

L-oyal

Season's Greetings

Fleet Chevrolet Post 111 117th Bothell Way

Contact

Journalism 3A 为1.10元为1.10元为1.10元为1.10元为1.10元为1.10元为1.10元为1.10元为1.10元为1.10元为1.10元为1.10元为1.10元为1.10元为1.10元为1.10元为1.10元为1.10元为1

8517 35th N.E.

SCHOOL SUPPLIES

PRESCRIPTIONS

DELIVERY SERVICE

FOR CHRISTMAS \$1.75 Under 13 \$1.25

Mr. Francis Heath's room is transformed into a Driver's Edu-

cation class at 2:30 each day. Three machines designed to aid

and evaluate a prospective driver's skills have been given to the

room. One such machine is a driver evaluator. Basically, it tests the student's field of vision, color vision, distance judgment and

Sentinel Classifieds

To buy, sell, find or publicize anything. Fill out this handy

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prehension skills, will be offer- marily a college preparation

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Since these classes were first applied to the needs of college

offered by the University, in students. It is open to qualified

1949, over 8,000 people have at- eleventh and twelfth grade high

tended, improving their reading school students, college students,

skills for scholastic and profes- and adults. Several sections are

sional use and for pleasure. scheduled during late afternoon

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lication date. Include payment.



CHRISTMAS STORY

June. Inanely white, purposeless snow lay on the ground, and
the shapeighty obese clouds

a senior and a first Lieutenant, the culture of Cameroun. The
food, marriage customs, rate
food, marriage customs, rate
of illiteracy, and the Peace

relay and appreciate the heavifully decorated houses along the the sluggishly obese clouds The job of the Civil Air Pa- Corps' effect on the country relax and appreciate the beautifully decorated houses along the

ing for an event which might, and then again, if one thought of it as some entirely different Nathan Hale Choir Goes Afloat! event in terms of thought and

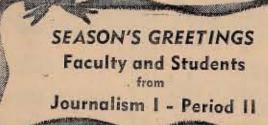
that—although how many is too many?—but they did not do Santa Will Drop In what to me was the right thing to do that I thought might be: Bearing Polaroid they always exploded into raucbus laughter. My nose was too red, they chided, And it was facial discrimination, a solid contempt for a scarletly probo-Scine visage. What social force standing father-image and asked University of Washington cambras this? Why was I? And for dolls and food and money? Pus. The cost is five dollars,

nosed reindeer - and how incongruously ridiculous was this, ment of twenty-five cents. in such an age of flashlights, automobile headlights, searchlights, Soda Pop, and tongue depressors, to scour the extents of the physical world for bright-nosed reindeer - to pull

his equally outdated sleigh. He- or that might have been I, but who is to say whether that same being did not change in that lapse of time at the window from one form to another Who is to judge - was by himself, at the edge of the woods The fat man approached. He seemed to have a meaning, a purpose, although it was not apparent

The deal was made.

It is January or so. I am the most famous reindeer there is. I am in songbooks, on records and in the heart of millions of \ Lube - Oil - Tune-up people. But for what? What have I done? I have known raindrops. It was June once. They will put me in a zoo. All of But what for?



ner, both Sophomores at Nathan Rev. Richard L. Grout, Pres- gaily colored buildings and brightly lighted streets. Lake City.

18. They may advance in rank of 1963. from Cadet Basic to Major. Rev. Grout's presentation was Tree, where the shoppers can stop and hear their favorite Christ-It must have been December.
When you become 18 you are concerned with the people and where the little ones or even the hig ones can sit on Santa's knee Yes, it was either December or a senior and a first Lieutenant, the culture of Cameroun. The where the little ones, or even the big ones, can sit on Santa's knee.

were altruistically yet halfheartedly sending down more of it.
The others were outside, playing games. I pressed my face
against the windowpane to against the windowpane to watch them. Is this what existence was for? Playing games? Why didn't something mean anything anymore? I wept silently.

Soon to go to the Beltac Air soon to go to the Beltac Air stated that prior to the new form of government, which was established on January 1, 1960, the influence had been great. But the communists have then the communists have the proof of the Beltac Air soon to go to the Beltac Air stated that prior to the new form of government, which was established on January 1, 1960, the influence had been great. But since then the communists have thing anymore? I wept silently, needs more volunteers! Both since then the communists have boys and girls."

Raider Group In Civil Air Patrol Colin Ackerson and Jim LessVisits Nathan Hale Visits Nathan Hale The Christmas Spirit comes to the Nathan Hale district with its

Hale, are Cadet Basics in the byterian Missionary in Camer-Civil Air Patrol. They meet evoum, Africa, has spoken and traditional Candy Cane Lane. Looking up and down the main ery Tuesday night at 7 p.m. in shown slides to the history claster the Air Force Hanger, at Sand-ses of Mr. Robert J. Thomas. Ing the street. Soon the big direct line mailbox to Santa will be point Naval Air Station. Their Rev. Grout is a former graduate commanding Officer is Lieuten-of Roosevelt High School, and the charge that has taken as the base of the charge that he cha he has been in Africa since 1952. at the change that has taken over Northgate, with its sparkling Cadets ages range from 13 to He returned to the States in June Christmas trees and many decorated windows. Wreaths hang from the pillars, and in the Mall can be seen the Living Christmas

been outlawed.

meaning, might not, ever "happen."

On December 20, the Nathan Hale thou will be seen of will be seen of the brake reaction detonator which looks

Suddenly, she—a being of my

Sunday program will be a Channel 5 Christmas Special presenlike a miniature floorboard. When a person is to be tested, a green
like a miniature floorboard. When a person is to be tested, a green
light flashes. When it turns red, the testee takes his foot off the On December 20, the Nathan Hale choir will be seen on Channel visual acuity Suddenly, she—a being of my tation. Mr. Norman E. Weeks, Choir Director, reported that some light flashes. When it turns red, the testee takes his foot off the gas negative to the brake. This machine is thus able own form, but perhaps twice my age, tired and haggard (could it have been my mother? She tation. Mr. Norman E. Weeks, Choir Director, reported that some members of the choir have mixed feelings of anticipation, fear, and placidness about their future appearances.

Linear an Ship and places it on the brake. This machine is thus able to record reflex timing.

Singers on Ship

Called me her son) — began to speak; the sfream of words

Singers on Ship

The Seattle Park Board has invited a group of Nathan Hale intersections. Scale cars are used to show the class how to meet speak; the stream of words flowed from within her to within me and distracted me from the Christmas Ship, December 19. A ten minute program will be presented at Sheridan Beach Park on the Squire. in me and distracted me from that night. The students to sing will be chosen from the Squire my own turmoil. "Rudolph," she said, "suppose you go out and at 8:00 p.m. The holiday craft, which has sailed the Metropolitan play games with the others."

Play games with the others.

Too many times had I tried to do

at 8:00 p.m. The holiday craft, which has sailed the Metropolitan Seattle area waters in years past, will make five landings, each ten minutes apiece plus sailing time.

You need wait no longer. Start- which must be paid on the day ing Monday, any girl (or boy) of the test. Make checks pay-It was still December, or may have their picture taken on able to the University of Wash-Dune. But an obscenely rotund searching man had come out of ty Center during lunch. The picture tant as most colleges in this the sky. He sought a bright- tures are Polaroid, and can be state require it, including the Winter Reading Classes Begin obtained immediately upon pay-University of Washington.

event will last for three days.

HAVE YOU SEEN the friendship ring for the guy or girl Going Steady?

his and her birthstone set in gold

Gillis Jewelers

8515 - 35th Ave. N.E. LA 2-1597

Wedgewood Texaco

Earl Wilson

Tires and Batteries 8425 - 35th N.E. Seattle 15, Wn. LA 2-9702

The Senior Class-sponsored you have any questions regarding this test, see Miss Davis in the counseling office any time ed as non-credit evening classes course. other than periods 6 and 7.

ARE YOU SERIOUSLY INTERESTED IN MECHANICS? Exploring is for You!

Fleet Chevrolet 117th & BOTHELL WAY

Merry Christmas Best Wishes for A Happy New Year!

University of Washington.

Lake City Bowl 13501 - 32nd N.E.

EM 2-6626

COMPLETE LINE OF Bowling Merchandise Beginner Lessons

legiate reading level, with skills

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STUDENT DISCOUNT!!! (with this ad)

143rd and Bothell Way

December 18, 1964

THESENTINEL

Merry Christmas and a Happy New Year

Krazy Kow No. 1 3315 N.E. 125 EM 2-1310 Nappen's Richfield Service 11502 BOTHELL WAY EM 2-9918

Lyle's Model Barber Shop 12344 31ST N.E. UNION SHOP

Rainbow Bowl 12060 BOTHELL WAY EM 3-0456

Heiss Jewelry 12519 BOTHELL WAY N.E.

prices, they deal in a tremend-

ously wide variety of products

and services. Clothing, hardware, furniture, fuel, hobby crafts, dining

places, grooming aids, and other things

you are interested in. Another major ad-

vantage of shopping locally is better service and efficiency. Bumper scraping, traffic jams,

parking problems, and sluggish waiting lines found downtown this time of

year do not rtouble the local shopper. From the area merchants on this page, - "Have a Very Merry

Christmas, Students and

Faculty of Nathan

Cliffs Barber College 12714 BOTHELL WAY EM 3-8400

Totem Cleaners 13323 BOTHELL WAY EM 2-3031

Wedgewood Texaco

8425 35TH N.E. LA 2-9702

Heath Jewelers 12539 BOTHELL WAY

EM 3-1040

Fleet Chevrolet, Inc.

11550 BOTHELL WAY EM 3-6110

Ron's Mobil Service Nathan Hale 8605 35th N.E. area merchants have much to offer Christmas LA 3-6800 shoppers. At competitive

> Bills Shoe Shop 123301/2 BOTHELL WAY

Shoreline Realty, Inc. 110 BOTHELL WAY

EM 4-7780

Boehmer Realty, Inc.

12320 Bothell Way

EM. 3-3574

Colonial House, Inc.

11306 Bothell Way

EM. 4-4030

Northend Jeweler

12348 BOTHELL WAY EM 4-8616

Lake City Ben Franklin 12535 BOTHELL WAY EM 3-1370

> Jim Murrays Flying 'A' 11064 BOTHELL WAY EM 2-9783

Lake City Dairy Queen 13013 BOTHELL WAY

> St. Joseph Religious Supply 8515 - 35th AVE. N.E. LA. 2-1597

Dahl's Shoes 12545 BOTHELL WAY N.E. TOTAL TOTAL

Holiday Greetings From Journalism I., Period 1

Snow Comes To Ski Resort Areas

NIGHTS DAYS RESORT 2 chairs Mt. Baker Sat. - Sun. 6 ropes 3 chairs Weekends Crystal Mountain Daily 1 T.-Bar 9 ropes 1 chair Wednesday Daily Except 2 pomas and Saturday Tuesday 6 ropes 4 ropes Hurricane Ridge Weekends Holidays 1 chair Wednesday to Mt. Pilchuk 4 ropes Sunday 2 chairs Wednesday to Wednesday to Ski Acres 1-T-Bar Saturday Sunday 12 ropes 5 pomas Wednesday to Daily Snoqualmie Summit 2 chairs Saturday 14 ropes 4 chairs Wednesday to Stevens Pass 14 ropes Sunday be helping or hindering you? Your best invest-Snow once again covers the mountain slopes

what he or she is really doing.

a common cause of this.

should be checked often.

the season and against the Raiders. This particular squad has Post Intelligencer, who became interested in the project.

In the southern division, Nathan Hale plays one of the tougher small plaques for win and loss numbers were made, 175 hooks tin Club banquet.

April.

esting object.

bers of the roll to hang the num-

Total time for completing this

project was about three months.

The idea for this gift, to the stu-

137th Bothell Way

EM 4-7300

who has a fine outside jump shot. To contain their opponents, Betty Wymore, her father, and Steve Backstrom.

teams when the Queen Anne Grizzlies meet the Raiders tonight were then inserted by the mem-

LLOYD'S LIVELY ONES

ROOM NO. 103

as students are beginning to head for a good week-end of skiing. With the skiing season upon us, students should be aware of some safety tips that will help them have a pleasant season of

One of the points is to make sure you are in good physical condition and that your muscle tone is good. In case of an accident, your muscles can act quickly to danger.

If you are a beginner skier, you should take lessons from a qualified instructor, not from a friend who says "Let me show you how to ski. You don't need an instructor and besides I will be saving you money." But will this person really all danger and warning signs.

Blanchet, O'Dea, and Seattle Prep.

were at the controls for the Grizzlies.

Garfield has ten returning let-

termen. With the starting five

all seniors, and with tall sopho

this quintet when needed.

ily be remedied.

cember 22.

mores having ability to back up

ball club in the Garfield Bull-

dogs. On defense, Garfield may

use a zone, but if things get

tough, a full-court press can eas-

The Nathan Hale Raiders will

meet the Garfield Bulldogs on

the Raider court Tuesday, De-

LITTLE JOE'S

Coffee and Mait

Shop

8515A 35th N.E.

The fans will see a fast break

considers his team a potential league leader.

hope lies with the Bulldog center John Richardson,

Zuvich, and Don McNiel.

game of the 1964-65 season.

For the first time, the Metro League basketball teams met

head-on in a cross-city rival clash with the parochial schools,

one of these teams, the Blanchet Braves, in the Raiders' second

Hopes for the Braves rest on the shoulders of Marty McCarthy

Blanchet will depend on junior Jerry Workman with his fine de-

Coach Ray Normile decides his team's chances to be the best bers.

since 1961 when Tod Hullin, George Vanni, and Mike Davidson

Of the five who almost took champion last year, all are re-

turning. They are John Gancy, Bill Owen, Bela Varga, Greg

Fast Break and Power to Be Seen in Garfield

.The Bulldogs are doing well on the boards and have tremendous

Jack Scott, mentor of the Garfield Bulldog basketball squad,

six returning lettermen which accounts for their experience.

against the Vikings from down Rainier Beach way.

The Raiders were defeated 54-53 on two freethrows by Larry Book with four seconds remaining. It wasn't until the final four seconds, trailing by one point, did the Vikings pull ahead to stay

Larry Book was high point man for the game with 28 points, eleven of those coming in the final period to spark Rainier Beach come from behind rally.

The Raiders led all the first half, going into the locker room at halftime favoring a four point lead.

The third quarter showed the Raiders adding two more points to their lead to go into the final eight minutes with a 42 to 36 lead. Then Book turned the page on the Raiders, sinking four baskets and three free throws of which salvaged a one point victory for Rainier Beach.

A lot of credit goes to sophomore Tom Page who was high point

Vikings (54)				Raiders (53)				
11.5000	Fg	Ft	Tp	1	Fg	FI	Tp	
Bean	1000	5	11	Gunn	4	0	8	
Johnson		0	6	Page	5	5	15	
Brosconil		5	7	Feroe	1	0	2	
Book		6	28	Willman	2	3	7	
Chritnson		0	2	Bangsund	0	2	2	
				Albright	2	2	6	
				Stevenson	3	31	7	
				Klein	2	2	6	

New Sports Aid

ment is to take lessons from someone who knows | The girls physical education program at Nathan Hale extends beyond mere physical conditioning. Sophomore girls receive high When learning to ski, learn the proper way school orientation. Junior and senior girls are offered specialized of falling. If, at any time, when you may have classes.

to fall (which is usually quite often), don't dig | Overweight and underweight girls attend one of two weight your ski tips into the snow. Many injuries to control classes. Here, the girls study the nutrients in addition yourself, such as twisted and broken legs are to an adapted physical fitness and body mechanics program,

Soon synchronized ball will be introduced. This study will com-Purchase good equipment which should include bine sport, folk dancing, and modern dance. Through Mrs. Natagood toe-and-heel release bindings. These also lie Hendrikson's efforts, the sport was included on city recreation centers' calendars. Nathan Hale will be the first Seattle high school to use synchronized ball in its program.

Next spring, archery will be offered. The P.E. instructors had Finally, don't ski alone if you must observe hoped to include all the archery-interested seniors. The sport

METRO LEAGUE STANDINGS

could not be played in fall or

All interested sophomores may take a leadership class next The course is designed for girls wishing to be P.E. "Lloyd's Lively Ones" once again lived up to its name. Roll teacher assistants or planning to 103 built and presented to the student body a Metro League Bas- continue in the field of P.E. It On Tuesday, December 15, the Nathan Hale Raiders met kethall Scoreboard. Tim Kirschner, one of the masterminds be- will be given the last 32 days of the school year

The Board itself, less the school names, numbers and hooks, | Eight Haleites: Suzi Hartstein, was given to the roll by the McGaffey North End Lumber Com- Lynne Huston, Jean Marshall, The Braves will probably use the fast break offense most of pany. Kathy Winters contacted Mike Mailway, of the Seattle Margaret Moslander, Mary Ross, Nancy Rousseau, and Ka-A tremendous amount of work went into deciding what colors thy Winters, will dance to the to use, the cutting, and finally painting the sixteen boards repre- Concert Choir's strains on KING senting the Metro League High Schools. This work was done by television's "Highways". This group and others demonstrated The Scoreboard was planned and painted in the homes of Kathy modern dance techniques at a Winters and Tim Kirschner. The next obstacle to overcome was national conference at Garfield, Raiders Face Experience Ball Club in the Grizzlies of Queen Anne the numbers for the wins and losses. To solve this problem, 400 the P.T.A. open house, and La-

The second place team which was captained by Gary Harmon ended their season with a sixwin-three-loss record. Other teammates are Steve Carlson, & Tom Critchett, Dave Dankel, Dan Greening, Ken Munds, Tom Richards, Ed Tracy and Mike White. Mr. Clifford Allen is in charge of the intramural or gram at Nathan Hale.

BASKETBALL NORTH NATAAN SHORECREST HORELINE DMONDS BALLARD INGRAHAM ROOSEVEE EM 4-7600 SOUTH For A Christmas FRANKLIN ANNEN CLEVELAND

KNOW WHERE WE STAND?—Steve Pursel [left] assists Tim Kirschner [right], President of Roll Room 103 [Lloyd's Lively Ones] in preparing "Metro" Board for its presentation to the studen body during the bask-

Teddies Paddle Past

December 18, 1964

At the P.T.A. Swim Carnival December 11, the Nathan Hale swim team lost to the Roosevelt Teddies by a single point. Roosevelt had 153 points, Nathan Hale 152, Sealth 117, Lincoln 92. Ingraham 59, Franklin 54, and

The boys' team took first place with 90 points to retain the trophy that they took last year. To quote a girl member of the team. "We have the most wonderful boys in the world on our team."

The girls didn't do quite as well as the boys. They only stacked up 62 points to come in second. Roosevelt was first with

Andre Wooten, our exchange student from Franklin, swam for his old school and took first

Those who make up the Nathan Hale Swim Team are, Laura Allen, Linda Allen, Clifford Anderson, Cindy Berg, Gail Blair, Cookie Crawford, Janice Dobbs, Fitzpatric, Marilyn G. iffith, Peg- the Raiders on top 10 to 8. gy Howe, Jack MacSiarrow, John Maki, Wayne Maslin, Jill Whitaker, Vicky Whitaker, Phil

Intramural Basketball Champions

than Hale.

Each team played a nine game with 8 points. derson, Greg Benedict, Jerry Game time 8:00 o'clock. Brinkman, Jim Genson, Al Shepherd and Bob Wilson, took the championship with nine-win-noloss record

ROTHSCHIL'LAR NORTHGATE BAKERY 510 NORTHGATE MALL



Explorer Post 111

FLEET CHEVROLET

8605 - 35th N.E.

SOPHOMORE TOM PAGE, with 4:23 seconds Brad Gunn (31) move in to assist. Blanchet's

the rebound attempt. John Feroe (41) and to follow the next play.

remaining in the quarter tries a jump shot Gene Duncan and his teammates appear to be which failed. Pete Klein (33) waits to help on performing the latest dance step as they pivot

place in both events in which he Fast and furious describes the first game between the Nathan swam. There were approximate-

beaten 60 to 65. Not only was this the first time for a meeting between both are coached by Mr. Clifford Al-

schools but also the first time the Raiders scored 60 points. Blanchet, led by Gene Duncan, put up a solid defense against es to worry about. Sally Easter, Leo Eckberg, Doug the Raiders but Hale fought back with a strong offensive team. Mr. Allen in his university a more or less successful sea-Edwards, Greg Edwards, Dave The first quarter was a see-saw battle between both teams with years played varsity football for son are the Totems. Hockey is

The Braves came back to score 25 points and to leave the States Marine Corps. McKinnon, Julie McKinnon, Stan floor at the half with a five point lead, 33-28. With less than Being in charge of the after sport, Price, Susan Sheppard, John three minutes lasting into the second half, the Braves found school activities, Mr. Allen Storey, John Stafford. Bruce the basket with three field goals and a 14 point lead.

The Raiders, unable to shake the Brave's defense, were still Wednesdays with weight lifting responsible for our Raider bas-14 points behind going into the fourth quarter. In the final quar-and badminton. ter, behind 15 points with 5:57 remaining, John Bangsund shot Every Tuesday and Thursday Walt Bone taught his tactics at from the foul line and made the basket which started Hale's rally after school hours are spent with Queen Anne for six years before toward shaving down the Blanchet lead.

With ten seconds remaining, Sephemore Tom Page sunk in his All boys wanting to partici- Queen Anne Grizzlies tonight. final two points to make the final score 60 to 65.

High point man for the entire game was Gene Duncan for Blan- minton, and/or weight lifting something up his sleeve for his The intramural basketball sea- chet with 22 points. Top scorer for the Raiders was forward Tom can contact Mr. Allen any time old alma-mater? son has come to an end at Na- Page with 18 points followed by Brad Gunn with 13. Other high can contact Mr. Allen. scorers were Sophomore Dave Stevenson, 9 points, and John Feroe

schedule on the round-robin ba- The Nathan Hale Raiders, hoping for a first victory against a sis. Captain Allen Rowe and his southern team will meet head-on in a cross fown rivalry against teammates Bob Almvig, Ray An- the Queen Anne Grizzlies tonight on the Grizzlies' home court.

BEN FRANKLIN

Extends Best Wishes FOR A VERY MERRY CHRISTMAS AND HAPPY NEW YEAR!

Coupon

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Season's Greetings To My Customers

12535 Bothell Way N.E.

EM 3-1370

LA 3-6800

LA 3-6800

len, who also has his gym class-

spends his Mondays and Let's take a look at the men

terested in athletics.

pate in either gymnastics, bad- Could it be that coach Bone has

CARTER'S STORE FOR MEN AND BOYS 12514 Bothell Way N.E. EM 3-7979 OPEN NIGHTS MON. - FRI.

MAKE A DATE TODINE

THE BELLS RESTAURANT

8501 5th N.E.

Sportscope

by Ken Wardstrom

The Raider Hoopsters, after a one win-eighteen loss record last year, are on their way to a hopeful, better second season. With Seniors, Juniors and Sophomores on the varsity squad they still lack experience. A fast break offense and a zone or man to man defense will highlight our young team.

Injuries have already hampered the Raiders with sprained ankles, cuts and colds. By the time of Hale's first northern division league game arrives, the resolute Raiders should be prepared to face any northern team.

Returning lettermen from last year's squad are, Rick Albright 5'8", top scorer, Brad Gunn 6-0, Rick Allen 5-11, John Feroe 6-5, Larry Willman 6-1, and Colin Craig 6-1. Other basketball hopefuls are, Pete Klein 5-111/2, Al Adams 5-8, Jon Hooper 6-0, and Mike Hiller 6-3. The sophomores who are on the varsity team will be called upon when needed, are, John Bangsund 6-5, Dave Stevenson 6-0, and Tom.

The only team that I know of in Seattle that so far is having Pacific Lutheran. He later took an exciting game and those who an active role in the United like football and ice skating would enjoy this fast and tense

ketball squad. Varsity coach gymnastics to help all boys in- he came to Hale. Looking over the game schedule, we play the

Mr. Bob Moen is assistant baskethall coach and helps Coach Bone with the varsity while also coaching the Sophomore team. Coach Moen played basketball and baseball for the University of Washington and is an ex-professional baseball player. During his professional days Mr. Moen played for the Seattle Rainiers, Spokane, and Victoria.

The Washington Athletic Club and the 101 Club co-sponsored the 32nd annual football banquet for the Metro League high school gridders Wednesday, December 9. The dinner was served at 6:30

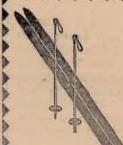
in the Washington Athletic Club. All inspirational winners were recognized from the twelve Metro League schools.



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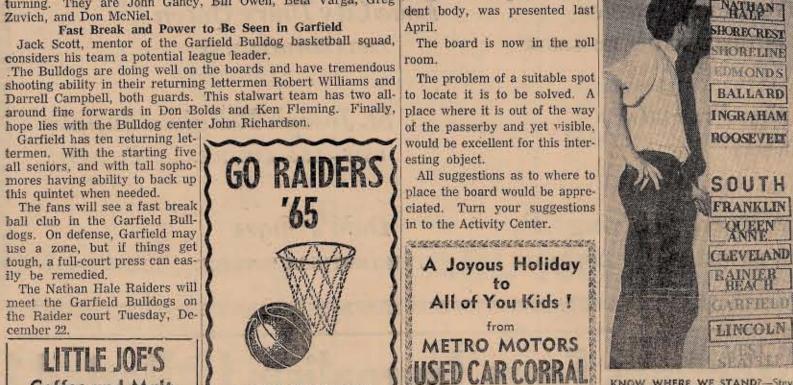


SAT. SKI LESSONS Bus Space Available Join Your Friends

TOM EVANS SKI SCHOOL

LA 3-0678

3 Hr. and 11/2 Hr. Lessons Sunday Ski Lessons Also



Standings Are Listed

hind this idea, found it fun but time consuming.

etball assembly last week. [Editar's Note: We hope this is the beginning of many "n-school" projects by roll rooms"]

JOIN OUR RIFLE TEAM

117th Bothell Way

RON'S MOBIL SERVICE 8605 - 35th N.E.

Coupon

Coupon FREE GIFT

December 24th

Coupon

Conference Held About Smoking

by Cary Kline

A press conference on smoking and health was held on December 2 at the Pacific Science Center. Dan Rock, a senior at some of our modern Christmas Lincoln High School, explained that teenagers should be educated customs originated? The word about the good and/or bad effects of smoking, and then left to decide for themselves whether or not to smoke.

Students from junior and senior high schools from the Seattle area attended the conference. Nathan Hale was represented by Roger Small, Mike Chew, Gail Nurley, Jim Phillips, and Cary Kline. Mr. Thomas Evans, boys' health teacher and P. E. instruc- Anglo-Saxon word geol, a wintor, was Nathan Hale's faculty representative.

The speakers at the conference spoke on different aspects of date of the birth of Christ has cancer and smoking. Dr. Robert C. Coe, the public relations not been determined, it is known chairman of the King County Unit of the American Cancer Society, told of new discoveries toward the cure of cancer.

Dr. Paul W. Herron, public education chairman of the King County Unit, discussed the effects that smoking has on health. Another speaker, Peter Chiarelli, reported on a survey taken at Catherine Blaine Junior High, where he is a ninth-grader. Among the results was the fact that most students started smoking regularly between the ages of ten and thirteen. Some pupils started smoking when they were only five years old, Dr. John R. Hartman, from the Children's Orthopedic Hospital, talked about the cancers that children may develop.

A question and answer period followed, and it was asked how soon a cure for cancer will be found. Dr. Coe said that great strides were being made, and he feels that a cure should be found within the next few years.

etters to the Editor

Editors. The Sentinel,

I would like to use this space to write an open letter to the teachers of Nathan Hale. Up until the end of my sophomore year, school was no problem for me. I completed almost all assignments and had time to do extra credit work to insure "A's".

Then I came to Nathan Hale. I expected things to continue as usual, but there were too many tempting opportunities to turn down: I became active in student government. My church became and still is becoming an increasing influence in my life. I was a member of a Team Teaching class.

And so, to use a cliche, I got a lot of experience: experience in working with groups, experience in speaking, experience in all sorts of other things that students are supposed to have experience in. One day, however, I said to myself, "So what?" So what if I have experience? If I do, is it for me alone, or am I obligated to share it with others? Are there other things more important than experience?

After, these questions came more and more. Then there were candles are said to have their questions in the question. What am I doing here? Who am I? origin in the Jewish feast of Is my purpose in life to know and understand myself? Is it to Hannukah. The custom of lightshare myself with others? How can I have any influence on what ing candles was especially pracis going on in the world today when I am just one little person?

School isn't so much of a breeze any more. I feel almost bur-Bened with the fact that for almost every subject there are an infinite number of questions and only a handful of answers in camparison.

Life isn't as easy to understand as it used to be. Its intricacies are very vague to me. Sometimes, as if in a dream, my mind suffers from claustrophobia and I wish for the strength to break away the enclosing wall and see,

You are probably wondering by now why in the world a student would write a letter like this in a newspaper. I just want to show you teachers how miserable you can make a student feel by making Year's Day. him think-helpless at times; and yet how amazed at what he has within himself and how rich he can be by discovering this.

Thank you, all the teachers who not only taught me their subjects, but who introduced me to the idea that every individual must think for himself and learn to make reasonable and just decisions. Thank you, the ones who taught me the value of organization of thought. Thank you, the ones with whom I disagree, for encouraging me to do so. Thank you for prompting me to ask that first question of myself, "So what?", for it opened a new world to me.

As a final comment, if a student of yours should happen to approach you one day and say, "Mr. (or Mrs.) Something or other, I didn't do my homework last night . . . I was too busy thinking' . . . don't laugh. It may be true.

(Name withheld by request)

(PSSP CITATION, 1964)

At a month				
Co-editors	Dan	Murphy,	John	Wasilausky
News Editor			****	Linda Allen
Features Editor			Britts	Gundersen
Sports Editor	Version of the		Ken	Wardstrom
Circulation			Gretch	ien Fortner
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Jim Freese, Wayne Hansom,	Davo	Holmgren	Mike	Kush Lar-
Dolman College Bron Der	Wirele	or and a second	, Ittlice	. Italian, and
ry Palmer, Colleen Ryan, Don	n wys	US T		The most
Student Advisers		- Kathy E	syrnes	, Pat Ripley
Adviser		Mr. I	lovd	M. Williams

Yule Traditions Are Interesting

Did you ever wonder where Christmas, for instance, comes from the Old English Cristes maesse (meaning Christ's Mass). The word Yule comes from the ter feast. Although the exact that the Roman Church set December 25 as the date of Christmas celebration at about A. D. 320. The Church probably picked this day because it was when Romans celebrated the Feast of the Sun-God. The indications are that the Church was able to pagan observance of the winter solstice to a day of adoration of

The custom of trimming a tree probably originated in medieval Germany, where they were decorated with cookies and fruit. Some authorities consider the Christmas tree a survival of pagan tree worship, and trace it to ancient Rome and Egypt. However, by the beginning of the nineteenth century, the Christmas tree had spread to most countries of Northern Eu-

The decoration of a home with evergreens originated from the Roman Saturnalis, where laurel, mistletoe, and other greens were used for decoration. Later, mistletoe became a symbol of peace, and it was said that when armies met under it, they declared a truce. From this comes our custom of kissing under the mistletoe. Christmas ticed in Ireland, where candles were placed in the windows of homes, that a priest might be guided to that house to celebrate Mass there. From this came the practice of decorating homes and public buildings with lights of all kinds.

Exchanging gifts was first practiced by the Romans who gave gifts of fruit and pastry to their friends on New

This Edition Of The Sentinel

Everybody at Nathan Hale is involved in something; some group or personal interest beyond normal school activities. In this issue of the Sentinel there are several articles about such persons from Hale and their outof-school pursuits.

Also found; an extensive coverage of the foreign language clubs and related events of interest to foreign language stu-

Recently, the Sentinel received a "different" sort of letter from a Nathan Hale student. Read it in "Letters to the Editor." The Sentinel welcomes comments or criticisms by its readers. You are welcome to bring such material to the Sentinel office any time.

This particular edition has been published entirely by the cub reporters of the Journalism I class. Any praise or blame should be directed thusly.

PROFILES

by Mr. Douglas Sayan, Vice-principal



Christmastime 1964, like Christmastime 1963, finds us in a reflective mood. We penned several lines last year and referred to them as "Some Random Thoughts on Christmas." We would like to repeat them this holiday season.

Some random thoughts on Christmas-Gold, Frankincense and Myrrh, borne with dignity, humility and hope; presented in faith-by "Wise Men." Candles lighted in re-dedication of the Jewish temple to the service of God-Hanakkuh,

What are the corollaries to be found? Why Mr. Douglas E. Sayan does the mellowness of "middle age" pursue the strength, the security of the knowledge of

Have you witnessed: the simple beauty of a child's faith in the goodness of God; or his faith that Santa Claus will find himsomehow, despite the materialism within which he must eventually compete or be subdued?

Christmas means many things-like a new bicycle (on easy payment terms), or a new hat, or a dishwasher, or a pair of sox, or stringing popcorn and colored lights, or maybe loneliness turn people away from a purely in whatever shape your loneliness comes that seem out of place all the rest of the year. Not really out of place, but certainly out of "season."

> Does somebody have a formula for introducing Christmas living into our crying culture the other eleven months of the year? I have confidence it will come-even though there may not yet be room at the Inn. I believe, too, that formula will be found by a new generation of youth which in its infancy will ignite the star that will again lead the Wise Men of the world.

Why not light a penny candle from a star?



CAN THIS HAPPEN? Dwindling Yule spirit indicates YES.

ristmas Spirit — A Reminder

In these last few days before the advent of Christmas, with all the rush and crowds of late shoppers, tempers become short, and often one can become preoccupied with his own specific worries and problems - altogether forsaking the Yuletide spirit. In addition to this, these shoppers are usually hurriedly buying gifts because it is an obligation they must fulfill-they owe someone a gift. This, of course, is not the true meaning of Christmas; it is something deeper and more meaningful than the mere giving and receiving of gifts. The true meaning of Christmas, as many have been ignoring, is the commemoration of the greatest event of civilized mankind.

Christmas, then, is a time of good cheer and fellowship. It is a time of unselfish service to family and friends, and of being considerate to others. It is a time of voluntary service to your community, and of helping the less fortunate. Christmas is a time of giving of yourself for the benefit of all. To be sure, it is a time of giving gifts, but giving gifts unselfishly, without expecting anything in return.

Of course, the spirit of Christmas is not always easily achieved, for you may be in a hurry and not have time to be consideratebut it is a rewarding feeling to know that you have contributed something, however small, to help make the Holiday season more enjoyable to someone else. It is this time of year that small kindnesses count, and even a cheery "Merry Christmas" can actually brighten someone's day, as well as your own.

Try it sometime.

FALL SEMESTER TEST SCHEDULE

ALTERNATION CONTRACTOR					
January	25	D	Day	 Periods	5-2
January	26	E	Day	 Periods	3-7
January	27	F	Day	 Periods	4-1
aJnuary	28	G	Day	 Periods	6